

MENTAL HEALTH AND SOCIETY, MICROCREDENTIAL (BEGINNING FALL 2026)

Mental Health and Society is a three course (9 credit hours) microcredential that examines mental health using social, cultural, and global perspectives. Drawing on sociology and anthropology, students study the social forces that shape mental health and illness using qualitative and quantitative research approaches. This microcredential provides interdisciplinary training at the intersection of social science and biomedical knowledge, complementing majors and pre-health pathways in psychology, neuroscience, public health, and related disciplines.

Admission Requirements

For current, active Saint Louis University students wishing to declare a microcredential, complete the Update for Student Curriculum Record form (<https://ask.slu.edu/TDClient/30/Portal/Requests/ServiceDet/?ID=160>).

For non-Saint Louis University students, click here to apply as a Visiting/ Non-Degree Seeking Student. (<https://www.slu.edu/admission/visiting-students.php>)

Requirements

Code	Title	Credits
<i>Students should select 6 credits from the following:</i>		6
SOC 1700	Of Grief and God: Sociology Perspectives on Loss	
SOC 3300	Social Psychology	
ANTH 3410	Psyche: Culture and Power	
ANTH 3460	Global Mental Health	
SOC 3490	Sociology of Mental Health	
<i>Students should select 3 credits from the following:</i>		3
SOC 2360	Health Inequalities in the U.S.	
ANTH 2470	Medical Anthropology	
SOC 2490	Sociology of Medicine	
ANTH 2510	Asylum: Sanctuary in a Bordered World	
Total Credits		9

Contact Us

For additional information about this program, please contact soc-anth@slu.edu or call 314-977-2900.