

# NUTRITION AND DIETETICS, M.S.

Saint Louis University's nutrition and dietetics graduate program prepares students to be competent, compassionate dietetic professionals. SLU's nutrition and dietetics department offers a Master of Science in Nutrition and Dietetics that can be customized to your interest with the following options:

- Culinary Entrepreneurship Concentration
- Medical Nutrition Concentration
- Nutrition and Physical Performance Concentration
- Dual Degree: M.S. in Nutrition and Dietetics and Master of Public Health (M.P.H.) (<https://catalog.slu.edu/colleges-schools/health-sciences/nutrition-dietetics/nutrition-dietetics-ms-dual-mph/>)

## Dietetic Internship (DI)

Additionally, the department offers a dietetic internship program (<https://www.slu.edu/doisy/degrees/dietetic-internship.php>) leading to the Master of Science in Nutrition and Dietetics in four concentrations:

- Culinary Entrepreneurship
- Medical Nutrition Therapy
- Medical Pediatric Nutrition
- Nutrition and Physical Performance

Upon completion of the internship, students will receive their master's degree and are eligible to sit for the national registration exam. The dietetic internship is currently granted accreditation status by the Accreditation Council for Education in Nutrition and Dietetics (ACEND). Beginning at the end of May with two online courses, the internship program provides a minimum of 1,200 hours of supervised practice rotations in a variety of health care facilities in St. Louis and surrounding areas. There are approximately 15 rotations in the SLU dietetic internship. Each rotation lasts one to three weeks and focuses on an aspect of dietetics practice related to a specific disease/condition, life-cycle stage or population group.

SLU's dietetic internship accepts 34 interns annually. Applicants may apply to one or all internship concentration areas. Applicants should submit only one application regardless of whether they are applying to one or all concentrations, but a separate personal statement letter for each concentration is required.

Learn More About SLU's Dietetic Internship Program (<https://www.slu.edu/doisy/degrees/dietetic-internship.php>)

How to Become a Registered Dietitian (PDF) (<https://www.slu.edu/doisy/degrees/program-pdfs/di-rd-process.pdf>)

## Program Philosophy

SLU's dietetic internship promotes self-directed learning, self-assessment for professional advancement, and collaborative opportunities to prepare graduates for emerging jobs in the profession. The program is designed to develop competent practitioners dedicated to the service of others and to the profession. The academic courses and supervised practice experiences provided during the internship prepare the intern for entry-level dietetics practice with diverse patient populations.

## Curriculum Overview

SLU's graduate nutrition and dietetics curriculum builds upon a strong foundation in the sciences and includes unique aspects such as the investigation of nutrition topics in the media, the study of ethnic meal patterns and hands-on experience. Courses include classroom, lab and community experiences.

Students can pursue either full-time or part-time study in any of the master's concentrations. Most classes are offered in the late afternoon or during evening hours, allowing students to work and attend classes.

### Concentration in Medical Nutrition

The medical nutrition concentration is designed to apply specific nutrition services to treat illness, injury or condition. The program is designed for professionals who have a baccalaureate degree in nutrition/dietetics or a related area of study. Coursework focuses on the areas of education, administration and counseling as those areas apply to nutrition care.

### Concentration in Nutrition and Physical Performance

The nutrition and physical performance concentration educates students in a multidisciplinary approach to prevention, utilizing nutrition and exercise intervention strategies for lifestyle change and using nutrition for improving exercise performance. The program is designed for professionals who have a baccalaureate degree in nutrition/dietetics or a related area of study. Coursework focuses on nutrition, health promotion, prevention, physiology and cardiovascular fitness. Graduates are encouraged to seek the ACSM health fitness instructor certification.

### Concentration in Culinary Entrepreneurship

The culinary entrepreneurship concentration prepares students to successfully merge culinary nutrition skills with traditional business skills to develop innovative and successful entrepreneurial programs and services. The program is designed for students who have either an associate degree in culinary arts or a baccalaureate degree in nutrition/dietetics or significant experience in foodservice. Coursework focuses on nutrition, sustainable food systems, entrepreneurship, finance, marketing and organizational management.

### Dual Degree with the Master of Public Health

The primary goal of this dual-degree program (<https://catalog.slu.edu/colleges-schools/health-sciences/nutrition-dietetics/nutrition-dietetics-ms-dual-mph/>) is to prepare nutrition specialists to work in many types of public health and voluntary agencies, as well as medical care and educational settings. Graduates specialize in public health and dietetics and are able to design, organize, conduct and evaluate nutrition intervention programs in the public health sector. Interested applicants must apply separately to both the department of nutrition and dietetics and the College for Public Health and Social Justice (<https://www.slu.edu/public-health-social-justice/>).

## Clinical and Research Opportunities

This program includes hands-on exposure in clinical, culinary and management settings. Courses include classroom, lab and community experiences.

Each of the concentrations requires research and the submission of results to a journal.

## Careers

Graduates can work as a clinical dietitian, research dietitian, sports dietitian, community dietitian, consultant, chef/certified culinarian, food technologist, food journalist, nutrition educator/counselor, food and nutrition entrepreneur, food service manager, food scientist, registered dietitian and much more.

## Admission Requirements

Most students admitted to the nutrition and dietetics graduate program possess above-average GPA, sufficient GRE scores (optional at this time), and sufficient TOEFL scores (for international applicants).

## Application Requirements

### M.S. in Nutrition and Dietetics

- Application form and fee
- Transcript(s): All international students who did not attend school within the United States must have their transcripts evaluated by either the Educational Credential Evaluators (ECE) or World Education Services (WES).
- Three letters of recommendation: Two letters should be from college professors/instructors and one should be from a work supervisor. When completing the application form, students must include the name and email address for each reference. This will initiate an email message requesting online completion of a reference form.
- GRE Scores (optional)
- Résumé
- Interview
- Professional goal statement: A personal statement including professional interests, concentration intended to study, goals, personal attributes, etc.

### Dietetic Internship

- Three letters of recommendation. Two should be from college professors/instructors, and one should be from a work supervisor. Please choose professors/supervisors who can adequately assess your abilities to perform in a dietetic internship and as a registered dietitian. When completing the application form, you must include the name and email address for each reference. This will initiate an email message requesting online completion of a reference form. Students submitting more than one application will need to use the same individuals as references for each application.
- Official transcripts from all colleges and universities attended should be sent to: DICAS - Transcript Dept., PO Box 9118, Watertown, MA 02472. They will be scanned and included in your online application.
- A personal statement including professional interests, goals, personal attributes, etc. qualifying you as a good candidate for the SLU dietetic internship, as well as which concentration(s) you wish to study. A separate personal statement is required for each concentration and should be uploaded to the supplemental materials section in the DICAS application. DICAS will require the personal statement to be 1,000 words or less.

Applicants must also register online for computer matching with D&D Digital (<https://www.dnndigital.com/ada/>) and select dietetic internship priority choices by 11:59 p.m. on the deadline dates posted online. There is a \$50 computer matching fee.

**Please use the following D&D Digital (<https://www.dnndigital.com/ada/>) codes when applying:**

- Medical/Nutrition Therapy: 170
- Medical/Pediatric: 169
- Nutrition and Physical Performance: 168
- Culinary Entrepreneurship: 750

There is no application fee for the SLU dietetic internship program.

A phone interview may be conducted by one or more members of the selection committee. The interview will last 20 to 30 minutes and will cover the following topic areas:

- The different roles in dietetics and the areas of practice
- Your interest in becoming a dietitian and your career goals
- Your expectations of this internship
- The attributes that make you a strong candidate for our program

Additional information regarding the phone interview process will be provided to applicants upon receipt of the application.

The applications to the dietetic internship and graduate program are separate processes. The application for the graduate program should be initiated after the applicant has been accepted into the internship. There is a \$40 graduate program application fee. The graduate program application (<https://www.applyweb.com/slugrad/>) can be completed online.

Applicant matching results will be posted on D&D Digital (<http://www.dnndigital.com/>) on appointment day. This is the only source of notification for applicants. Each applicant will receive either one match or no match after login. All applicants who receive one match will find the matched DI program name and contact information to accept the appointment. Matched applicants must contact the DI program on notification or appointment day to confirm acceptance of the match. No arrangements should be made with any other DI programs.

Matched applicants to the SLU dietetic internship must contact the Dietetic Internship Director Rabia Rahman by email at [rabia.rahman@health.slu.edu](mailto:rabia.rahman@health.slu.edu) to confirm acceptance of the match. After this time, the program is under no obligation to hold the opening for the matched applicant.

Final transcripts, DPD verification and the dietetic internship admission fee must be submitted prior to beginning the internship program.

## Requirements for International Students

All admission policies and requirements for domestic students apply to international students along with the following:

- Demonstrate English Language Proficiency
- Proof of financial support must include:
  - A letter of financial support from the person(s) or sponsoring agency funding the time at Saint Louis University
  - A letter from the sponsor's bank verifying that the funds are available and will be so for the duration of study at the University
- Academic records, in English translation, of students who have undertaken postsecondary studies outside the United States must include the courses taken and/or lectures attended, practical laboratory work, the maximum and minimum grades attainable, the grades earned or the results of all end-of-term examinations, and any honors or degrees received. WES and ECE transcripts are accepted.

## Application and Assistantship Deadlines

U.S. students should apply for the fall semester by July 1 and for the spring semester by Nov. 1. International students should apply for the fall semester by May 1 and for the spring semester by Oct. 1.

Students should apply for the summer program by April 1.

Students who want to be considered for assistantships should apply by March 31.

## Review Process

Applications are reviewed by a committee of nutrition and dietetic department faculty members.

## Scholarships and Financial Aid

For priority consideration for graduate assistantship, apply by Feb. 1.

For more information, visit the student financial services office online at <http://finaid.slu.edu>.

## Program Specific Additional Costs

More Information on Tuition and Fees

Description	Amount
Tuition	At time of publication, \$1,130 per credit hour. See link above for most up to date information.
Living Expenses Off-Campus	\$7,000 - \$9,500 (this number varies on location of residence within St. Louis)
Drug Screen/ Background Check	\$105
Immunization Fees and TB Testing	\$85 - \$150
Internship Fee	\$100
Registration, Attendance, Transportation for State/ National Dietetic Meeting	\$250 - \$400
Transportation Costs	\$1,500 (varies on location of residence and distance to SLU)
Parking Costs	<a href="https://www.slu.edu/parking/index.php">https://www.slu.edu/parking/index.php</a> ( <a href="https://www.slu.edu/parking/">https://www.slu.edu/parking/</a> )
Misc. (Lab coats, texts, etc.)	\$350
Health Insurance	\$909 per semester
Estimated Total Expenses (including tuition)	\$43,969-\$48,714 for 15-month program

## Accreditation

This program is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND), the accrediting agency for the Academy of Nutrition and Dietetics.

Accreditation Council for Education in Nutrition and Dietetics (ACEND)  
120 South Riverside Plaza, Suite 2190  
Chicago, Illinois 60606-6995  
312-899-0040 ext. 5400  
<https://www.eatrightpro.org/acend> (<https://www.eatrightpro.org/acend/>)

Program outcome data available upon request. Please contact Program Director Rabia Rahman at [rabia.rahman@health.slu.edu](mailto:rabia.rahman@health.slu.edu).

## Learning Outcomes

1. Graduates will be able to demonstrate nutrition-related, client-centered communication skills.
2. Graduates will be able to demonstrate compassion in the nutritional care of clients.
3. Graduates will be able to evidence counseling methods to facilitate changes in nutrition-related behaviors.
4. Graduates will be able to demonstrate professional attributes of a nutrition and dietetics professional in a variety of settings.
5. Graduates will be able to evaluate emerging research for application in nutrition and dietetics practice.

## Requirements

Students in Saint Louis University's nutrition and dietetics graduate program take the following courses.

### Culinary Entrepreneurship Concentration

Code	Title	Credits
<b>Required</b>		
ACCT 5010	Accounting for Managers	3
DIET 5030	Sustainable Food Systems	3
DIET 5040	Edible Wild Foods	2
DIET 5050	Food Processing: Farm to Institution	3
DIET 5100	Human Nutrition: Physiology and Metabolism I	3
DIET 5900	Culinary Practicum	4
DIET 5960	Nutrition Capstone (taken over multiple semesters)	4
MGT 6200	New Venture Initiation	3
MGT 6210	Advanced Business Plan - New Ventures	3
ORES 5010	Introduction to Biostatistics for Health Outcomes	3
ORES 5100	Research Methods in Health & Medicine	3
<b>Total Credits</b>		<b>34</b>

### Culinary Entrepreneurship Concentration with Dietetic Internship

Code	Title	Credits
<b>Required</b>		
ACCT 5010	Accounting for Managers	3
DIET 5030	Sustainable Food Systems	3
DIET 5040	Edible Wild Foods	2
DIET 5050	Food Processing: Farm to Institution	3
DIET 5100	Human Nutrition: Physiology and Metabolism I	3
DIET 5910	Dietetic Internship (taken over multiple semesters)	8
DIET 5960	Nutrition Capstone	2
MGT 6200	New Venture Initiation	3
MGT 6210	Advanced Business Plan - New Ventures	3
ORES 5010	Introduction to Biostatistics for Health Outcomes	3
ORES 5100	Research Methods in Health & Medicine	3
<b>Total Credits</b>		<b>36</b>

**Nutrition Therapy Concentration**

Code	Title	Credits
<b>Required</b>		
DIET 5100	Human Nutrition: Physiology and Metabolism I	3
DIET 5130	Human Nutrition: Physiology and Metabolism II	3
DIET 5350	Innovation in Dietetics Practice	3
DIET 5480	Nutrition Education and Counseling	3
DIET 5870	Seminar in Dietetics Research (Thesis Only)	1
ORES 5010	Introduction to Biostatistics for Health Outcomes	3
ORES 5100	Research Methods in Health & Medicine	3
<b>Electives</b>		
Select two of the following:		6
DIET 5030	Sustainable Food Systems	
DIET 5060	Maternal and Child Nutrition and Health	
DIET 5210	Pediatric Nutrition	
DIET 5300	Community Nutrition	
DIET 5550	Nutr. & Physical Performance	
<b>Research Requirements</b>		
DIET 5960	Nutrition Capstone (taken over multiple semesters)	4
or DIET 5990	Nutrition Thesis	
<b>Total Credits</b>		<b>29</b>

**Nutrition and Physical Performance Concentration**

Code	Title	Credits
<b>Required</b>		
DIET 5100	Human Nutrition: Physiology and Metabolism I	3
DIET 5130	Human Nutrition: Physiology and Metabolism II	3
DIET 5480	Nutrition Education and Counseling	3
DIET 5550	Nutr. & Physical Performance	3
DIET 5690	Bioenergetics of Exercise	3
DIET 5700	Exercise Testing And Prescription	3
DIET 5870	Seminar in Dietetics Research (Thesis Only)	1
ORES 5010	Introduction to Biostatistics for Health Outcomes	3
ORES 5100	Research Methods in Health & Medicine	3
<b>Electives</b>		
Select two of the following:		6
DIET 5030	Sustainable Food Systems	
DIET 5060	Maternal and Child Nutrition and Health	
DIET 5210	Pediatric Nutrition	
DIET 5300	Community Nutrition	
DIET 5350	Innovation in Dietetics Practice	
<b>Research Requirements</b>		
DIET 5960	Nutrition Capstone (taken over multiple semesters)	4
or DIET 5990	Nutrition Thesis	
<b>Total Credits</b>		<b>35</b>

**Nutrition and Physical Performance Concentration with Dietetic Internship**

Code	Title	Credits
<b>Capstone</b>		
<b>Required</b>		
DIET 5100	Human Nutrition: Physiology and Metabolism I	3
DIET 5480	Nutrition Education and Counseling	3
DIET 5550	Nutr. & Physical Performance	3
DIET 5690	Bioenergetics of Exercise	3
DIET 5700	Exercise Testing And Prescription	3
DIET 5910	Dietetic Internship (taken over multiple semesters)	8
DIET 5960	Nutrition Capstone	4
ORES 5010	Introduction to Biostatistics for Health Outcomes	3
ORES 5100	Research Methods in Health & Medicine	3
<i>Research Requirements</i>		
ORES 5960	Health Outcomes Research Capstone	3
<b>Total Credits</b>		<b>36</b>

**Thesis**

Code	Title	Credits
<b>Required</b>		
DIET 5100	Human Nutrition: Physiology and Metabolism I	3
DIET 5130	Human Nutrition: Physiology and Metabolism II	3
DIET 5550	Nutr. & Physical Performance	3
DIET 5690	Bioenergetics of Exercise	3
DIET 5700	Exercise Testing And Prescription	3
DIET 5870	Seminar in Dietetics Research	1
DIET 5910	Dietetic Internship (taken over multiple semesters)	8
ORES 5010	Introduction to Biostatistics for Health Outcomes	3
ORES 5100	Research Methods in Health & Medicine	3
<b>Research Requirements</b>		
DIET 5990	Nutrition Thesis (taken over multiple semesters)	6
<b>Total Credits</b>		<b>36</b>

**Nutrition Therapy Concentration with Dietetic Internship**

Code	Title	Credits
<b>Capstone</b>		
<b>Required</b>		
DIET 5100	Human Nutrition: Physiology and Metabolism I	3
DIET 5130	Human Nutrition: Physiology and Metabolism II	3
DIET 5350	Innovation in Dietetics Practice	3
DIET 5480	Nutrition Education and Counseling	3
DIET 5910	Dietetic Internship (taken over multiple semesters)	8
ORES 5010	Introduction to Biostatistics for Health Outcomes	3
ORES 5100	Research Methods in Health & Medicine	3
<b>Electives</b>		
Select two of the following:		6
DIET 5030	Sustainable Food Systems	
DIET 5060	Maternal and Child Nutrition and Health	
DIET 5210	Pediatric Nutrition	
DIET 5300	Community Nutrition	
DIET 5550	Nutr. & Physical Performance	
<b>Research Requirements</b>		

DIET 5960	Nutrition Capstone	4
<b>Total Credits</b>		<b>36</b>

**Thesis**

Code	Title	Credits
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**Required**

DIET 5100	Human Nutrition: Physiology and Metabolism I	3
DIET 5130	Human Nutrition: Physiology and Metabolism II	3
DIET 5350	Innovation in Dietetics Practice	3
DIET 5480	Nutrition Education and Counseling	3
DIET 5870	Seminar in Dietetics Research	1
DIET 5910	Dietetic Internship (taken over multiple semesters)	8
ORES 5010	Introduction to Biostatistics for Health Outcomes	3
ORES 5100	Research Methods in Health & Medicine	3

**Electives**

Select one of the following:		3
DIET 5030	Sustainable Food Systems	
DIET 5300	Community Nutrition	
DIET 5550	Nutr. & Physical Performance	

**Research Requirements**

DIET 5990	Nutrition Thesis (taken over multiple semesters)	6
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<b>Total Credits</b>		<b>36</b>
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**Pediatric Nutrition Concentration with Dietetic Internship**

**Capstone**

Code	Title	Credits
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**Required**

DIET 5100	Human Nutrition: Physiology and Metabolism I	3
DIET 5130	Human Nutrition: Physiology and Metabolism II	3
DIET 5210	Pediatric Nutrition	3
DIET 5350	Innovation in Dietetics Practice	3
DIET 5480	Nutrition Education and Counseling	3
DIET 5910	Dietetic Internship (taken over multiple semesters)	8
ORES 5010	Introduction to Biostatistics for Health Outcomes	3
ORES 5100	Research Methods in Health & Medicine	3

**Electives**

Choose One of the Following:		3
DIET 5030	Sustainable Food Systems	
DIET 5300	Community Nutrition	
DIET 5550	Nutr. & Physical Performance	

**Research Requirements**

DIET 5960	Nutrition Capstone	4
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<b>Total Credits</b>		<b>36</b>
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**Thesis**

Code	Title	Credits
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**Required**

DIET 5100	Human Nutrition: Physiology and Metabolism I	3
DIET 5130	Human Nutrition: Physiology and Metabolism II	3
DIET 5210	Pediatric Nutrition	3
DIET 5350	Innovation in Dietetics Practice	3
DIET 5480	Nutrition Education and Counseling	3

DIET 5870	Seminar in Dietetics Research	1
DIET 5910	Dietetic Internship (taken over multiple semesters)	8
ORES 5010	Introduction to Biostatistics for Health Outcomes	3
ORES 5100	Research Methods in Health & Medicine	3

**Research Requirements**

DIET 5990	Nutrition Thesis (taken over multiple semesters)	6
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<b>Total Credits</b>		<b>36</b>
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**Continuation Standards**

Students must maintain a cumulative grade point average (GPA) of 3.00 in all graduate/professional courses.

**Roadmap**

Roadmaps are recommended semester-by-semester plans of study for programs and assume full-time enrollment unless otherwise noted.

Courses and milestones designated as critical (marked with !) must be completed in the semester listed to ensure a timely graduation. Transfer credit may change the roadmap.

This roadmap should not be used in the place of regular academic advising appointments. All students are encouraged to meet with their advisor/mentor each semester. Requirements, course availability and sequencing are subject to change.

**Culinary Entrepreneurship Concentration**

Course	Title	Credits
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**Year One**

**Summer**

ORES 5010	Introduction to Biostatistics for Health Outcomes	3
ORES 5100	Research Methods in Health & Medicine	3

<b>Credits</b>	<b>6</b>
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**Fall**

ACCT 5010	Accounting for Managers (Or another approved course)	3
DIET 5100	Human Nutrition: Physiology and Metabolism I	3
DIET 5960	Nutrition Capstone	1
MGT 6200	New Venture Initiation	3

<b>Credits</b>	<b>10</b>
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**Spring**

DIET 5900	Culinary Practicum	4
DIET 5960	Nutrition Capstone	3
MGT 6210	Advanced Business Plan - New Ventures	3

<b>Credits</b>	<b>10</b>
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**Year Two**

**Summer**

DIET 5030	Sustainable Food Systems	3
DIET 5040	Edible Wild Foods	2
DIET 5050	Food Processing: Farm to Institution	3

<b>Credits</b>	<b>8</b>
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<b>Total Credits</b>	<b>34</b>
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**Program Notes**

Prerequisites: Bachelor's degree in Nutrition/Dietetics or related area of study, Human Physiology, Biochemistry, Basic Nutrition, general management course, Advanced Nutrition, Medical Nutrition Therapy I and II and Inferential Statistics or equivalent. An Associate's degree in culinary arts or the equivalent coursework in culinary arts or significant experience in foodservice are strongly recommended.

**Medical Dietetics Capstone**

Course	Title	Credits
<b>Year One</b>		
<b>Summer</b>		
ORES 5010	Introduction to Biostatistics for Health Outcomes	3
ORES 5100	Research Methods in Health & Medicine	3
<b>Credits</b>		<b>6</b>
<b>Fall</b>		
DIET 5100	Human Nutrition: Physiology and Metabolism I	3
DIET 5480	Nutrition Education and Counseling	3
DIET 5960	Nutrition Capstone	2
<b>Credits</b>		<b>8</b>
<b>Spring</b>		
DIET 5130	Human Nutrition: Physiology and Metabolism II	3
DIET 5960	Nutrition Capstone	2
Choose two of the following:		6
DIET 5030	Sustainable Food Systems (Capstone Track Only)	
DIET 5060	Maternal and Child Nutrition and Health	
DIET 5210	Pediatric Nutrition	
<b>Credits</b>		<b>11</b>
<b>Year Two</b>		
<b>Summer</b>		
DIET 5350	Innovation in Dietetics Practice	3
Select two of the following:		6
DIET 5210	Pediatric Nutrition	
DIET 5300	Community Nutrition	
DIET 5550	Nutr. & Physical Performance	
<b>Credits</b>		<b>9</b>
<b>Total Credits</b>		<b>34</b>

**Program Notes**

Prerequisites: Bachelor's Degree in Nutrition/Dietetics or related area of study, Biochemistry, Basic Nutrition, Nutrition in the Lifecycle, Foundations in Community Nutrition or equivalent, Advanced Nutrition, Medical Nutrition Therapy I and II, general Management course, and Inferential Statistics or equivalent.

**Medical Dietetics Thesis**

Course	Title	Credits
<b>Year One</b>		
<b>Summer</b>		
ORES 5010	Introduction to Biostatistics for Health Outcomes	3

ORES 5100	Research Methods in Health & Medicine	3
<b>Credits</b>		<b>6</b>
<b>Fall</b>		
DIET 5100	Human Nutrition: Physiology and Metabolism I	3
DIET 5480	Nutrition Education and Counseling	3
DIET 5960	Nutrition Capstone	2
<b>Credits</b>		<b>8</b>
<b>Spring</b>		
DIET 5130	Human Nutrition: Physiology and Metabolism II	3
DIET 5870	Seminar in Dietetics Research	1
DIET 5960	Nutrition Capstone	2
Choose two of the following:		6
DIET 5030	Sustainable Food Systems (also offered in summer)	
DIET 5060	Maternal and Child Nutrition and Health	
DIET 5210	Pediatric Nutrition	
<b>Credits</b>		<b>12</b>
<b>Year Two</b>		
<b>Summer</b>		
DIET 5350	Innovation in Dietetics Practice	3
DIET 5990	Nutrition Thesis	2
Select one of the following:		3
DIET 5030	Sustainable Food Systems (also offered in spring)	
DIET 5300	Community Nutrition	
DIET 5550	Nutr. & Physical Performance	
<b>Credits</b>		<b>8</b>
<b>Total Credits</b>		<b>34</b>

**Nutrition and Physical Performance Capstone**

Course	Title	Credits
<b>Year One</b>		
<b>Summer</b>		
ORES 5010	Introduction to Biostatistics for Health Outcomes	3
ORES 5100	Research Methods in Health & Medicine	3
<b>Credits</b>		<b>6</b>
<b>Fall</b>		
DIET 5100	Human Nutrition: Physiology and Metabolism I	3
DIET 5480	Nutrition Education and Counseling	3
DIET 5690	Bioenergetics of Exercise	3
DIET 5960	Nutrition Capstone	2
<b>Credits</b>		<b>11</b>
<b>Spring</b>		
DIET 5130	Human Nutrition: Physiology and Metabolism II	3
DIET 5700	Exercise Testing And Prescription	3
DIET 5960	Nutrition Capstone	2
Choose One of the Following:		3

DIET 5030 or DIET 5060	Sustainable Food Systems (Capstone Track Only) or Maternal and Child Nutrition and Health	
DIET 5060	Maternal and Child Nutrition and Health	
DIET 5210	Pediatric Nutrition	
<b>Credits</b>		<b>11</b>
<b>Year Two</b>		
<b>Summer</b>		
DIET 5550	Nutr. & Physical Performance	3
DIET 5350	Innovation in Dietetics Practice	3
<b>Credits</b>		<b>6</b>
<b>Total Credits</b>		<b>34</b>

Community Nutrition or equivalent, Nutrition in the Lifecycle, Advanced Nutrition, Medical Nutrition Therapy I and II and Inferential Statistics or equivalent.

## Contact Us

Apply for Admission (<https://www.slu.edu/admission/>)

For additional admission questions please contact:

Julie Miller  
Recruitment Specialist  
314-977-2570  
dchs@health.slu.edu

### Program Notes

Prerequisites: Bachelor's Degree in Nutrition/Dietetics or related area of study, General Chemistry I & II, Organic Chemistry I, Human Anatomy, Human Physiology, Biochemistry, Basic Nutrition, Foundations in Community Nutrition or equivalent, Nutrition in the Lifecycle, Advanced Nutrition, Medical Nutrition Therapy I and II and Inferential Statistics or equivalent.

### Nutrition and Physical Performance Thesis

Course	Title	Credits
<b>Year One</b>		
<b>Summer</b>		
ORES 5010	Introduction to Biostatistics for Health Outcomes	3
ORES 5100	Research Methods in Health & Medicine	3
<b>Credits</b>		<b>6</b>
<b>Fall</b>		
DIET 5100	Human Nutrition: Physiology and Metabolism I	3
DIET 5480	Nutrition Education and Counseling	3
DIET 5690	Bioenergetics of Exercise	3
DIET 5990	Nutrition Thesis	3
<b>Credits</b>		<b>12</b>
<b>Spring</b>		
DIET 5130	Human Nutrition: Physiology and Metabolism II	3
DIET 5700	Exercise Testing And Prescription	3
DIET 5870	Seminar in Dietetics Research	1
DIET 5990	Nutrition Thesis	3
<b>Credits</b>		<b>10</b>
<b>Year Two</b>		
<b>Summer</b>		
DIET 5550	Nutr. & Physical Performance	3
DIET 5350	Innovation in Dietetics Practice	3
<b>Credits</b>		<b>6</b>
<b>Total Credits</b>		<b>34</b>

### Program Notes

Prerequisites: Bachelor's Degree in Nutrition/Dietetics or related area of study, General Chemistry I & II, Organic Chemistry I, Human Anatomy, Human Physiology, Biochemistry, Basic Nutrition, Foundations in