

OCCUPATIONAL THERAPY, MASTER OF

Student Handbook (<https://www.slu.edu/doisy/degrees/program-pdfs/bsos-handbook.pdf>)

Saint Louis University's program in occupational therapy offers a Master of Occupational Therapy (MOT) degree. For the early-assurance (freshman-entry), it is a five-year curriculum, including one summer. Students admitted as freshmen receive a Bachelor of Science in Occupational Science after successful completion of the first four years and the MOT degree after successful completion of the additional post-baccalaureate year.

Begin your journey toward SLU's Master of Occupational Therapy in one of three ways:

- Freshman-Entry with early assurance in a 3+2 graduate professional program
- Transfer from another program or university during undergraduate studies
- Graduate-Entry after earning another undergraduate degree

Occupational therapists work with people of all ages across the entire lifespan to improve the quality of their everyday lives and allow people to live life to its fullest. For an occupational therapist, this means focusing on a person's "occupations," including anything a person wants, needs or has to do. Occupational therapists practice in various settings, ranging from the traditional (schools, hospitals, home health, skilled nursing facilities, etc.) to the non-traditional (prisons, homeless shelters, primary care clinics, etc.). Occupational therapists partner with the client to plan interventions that promote health, focusing on important and meaningful activities to the individual or the community.

Curriculum Overview

The occupational therapy program at Saint Louis University provides students with the coursework, faculty and resources to graduate as competent and caring health care professionals. Highlights of SLU's program include:

- Applied experiences are an integral and complementary part of the occupational therapy curriculum. Occupational therapy students participate in several levels of clinical experiences and fieldwork.
- Upon graduation with the M.O.T. degree, students must pass the National Board for Certification in Occupational Therapy examination to obtain a license to practice occupational therapy.
- The curriculum is carefully planned to form students holistically and includes a liberal arts education in the Jesuit tradition (<https://www.slu.edu/about/catholic-jesuit-identity/>) with an emphasis on interprofessional health collaboration, a foundation in occupational science, occupational therapy coursework and field experiences in research and service.
- Students are assigned to a faculty mentor who supports the student's professional development.

Clinical and Research Opportunities

Clinical fieldwork is an integral and complementary part of the occupational therapy curriculum. Through classroom and fieldwork

experiences, students develop the knowledge, skills, attitudes and behaviors that allow for occupation-centered and evidence-driven occupational therapy practice. Occupational therapy students participate in several levels of clinical experiences and fieldwork.

Level I Fieldwork is the applied experience coordinated with coursework during the first fall. Level I Fieldwork provides occupational therapy students with opportunities to develop professional behaviors, establish relationships with clients/patients and staff, identify the role of occupational therapy in various treatment settings, formulate goals and objectives in the therapeutic process and demonstrate emerging occupational therapy skills. Course instructors design assignments to be completed during Level I Fieldwork to assist students with meeting the learning objectives of the fieldwork experience while also addressing the course's learning objectives.

Level II Fieldwork is the in-depth practical experience in the delivery of occupational therapy services that focuses on the promotion of clinical reasoning and reflective practice skills, the application of the treatment process, including evaluation, intervention and discharge, and professional behavior development with the ultimate goal of preparing our graduates for entry-level occupational therapy practice. Level II Fieldwork can take place in either traditional or emerging practice settings.

Students complete two 12-week Level II Fieldwork experiences following the successful completion of all didactic coursework. Fieldwork sites and the academic program collaboratively establish fieldwork objectives for these experiences. During each Level II Fieldwork experience, students participate in weekly assignments to maintain close contact with the academic program, track the progress of learning and skill development, and assist with the achievement of Level II Fieldwork learning objectives. The M.O.T. program is affiliated with approximately 300 fieldwork sites across the United States.

Regulations require all students to complete a criminal background check and a drug test at least once during the program; either or both may be repeated as agency requirements demand. Positive results from the criminal background check or drug tests may result in ineligibility to graduate from the program. A felony conviction may affect a graduate's professional certification and licensure eligibility.

Research

Occupational therapy students who choose to pursue a master's project are matched with a faculty member who mentors their development of a comprehensive project closely associated with the faculty member's scholarship. Through this process and concurrently applied research seminars, you'll have opportunities to understand the research process in a practice setting or academic environment.

Careers

Upon completing an accredited educational program and earning a master's degree or entry-level clinical doctorate degree in occupational therapy, graduates must successfully pass the National Board for Certification in Occupational Therapy (NBCOT) examination. After successfully passing the exam, students will receive the designation of OTR: occupational therapist, registered.

In most states, practitioners must hold a current license or limited permit to work. Typically, therapists must fulfill continuing education requirements to maintain certification and/or licensure.

Employment of occupational therapists is expected to increase by 12% between 2022 and 2032, much faster than the average occupation, according to the U.S. Bureau of Labor Statistics.

About half of occupational therapists work in occupational therapy offices or in hospitals. Others work in schools, nursing homes and home health services. Additional opportunities include consultation to industry, community settings, teaching and research. The salary of an occupational therapist varies based upon geographic location, years of experience and type of employment. The 2022 median annual salary for an occupational therapist was \$93,180, according to the Bureau of Labor Statistics.

Admission Requirements

Freshman Applicants

- Required minimum high school GPA of 3.20 on a 4.00 scale.
- Required minimum of one year of biology and one year of chemistry (or equivalent coursework).

Standardized test scores are optional. When evaluating whether to apply test-optional or with a test score, applicants should note that students accepted in previous years had an average composite 26 ACT or an average total 1230 SAT.

High school seniors applying for admission are reviewed on an individual basis.

Strong applicants will have:

- Four years of science, including biology, chemistry, physiology and/or anatomy
- Four years of English
- Four years math
- Activities demonstrating leadership and community service
- An interest in the profession of Occupational Therapy as demonstrated through observation, school activities, volunteer experiences or personal experiences

The application deadline is December 1. Admission decisions will be made February 1.

Transfer Applicants

General Information

- The Occupational Science and Occupational Therapy program at Saint Louis University admits both internal and external transfer students (students currently enrolled in another program at SLU or students enrolled at another college or university). The number of students admitted varies and is based on the available space in the respective cohort. A change of major status and program entry occurs the next applicable Fall or Spring semester following acceptance.
- Level of entry (freshman, sophomore, junior) is based on the number of prerequisite course(s) completed (see curriculum roadmap).
 - Students should apply by March 1 for fall semester entry.
 - Students should apply by October 1 for spring semester entry.

Admission Criteria

- Prerequisite Coursework
 - Students must have an earned cumulative 3.2 GPA for all prior coursework.

- Per university policy, courses with grades of C or above may be eligible for transfer credit.
- All prerequisite courses must have been completed within the last 5 years.
- It is recommended that science courses be taken at a four-year university; however, community college coursework may be accepted.
- Science courses taken online are not accepted.
- In-progress coursework must be completed by the semester of entry.

Initial Transfer Admission Steps

- Locate and become familiar with the program's website (<https://www.slu.edu/doisy/degrees/graduate/occupational-therapy-program.php>) and roadmap. Knowledge of the program and transfer criteria prior to beginning the process will result in subsequent productive discussion.
- Current SLU students interested in transferring to the program should discuss their plans with their current academic advisor. Following that discussion, the student will be referred to the OT Program Director of Undergraduate Education to review coursework and eligibility further.
- External applicants should contact the Transfer Admissions Office (<https://www.slu.edu/admission/transfer/>) at or via telephone at 314-977-2500. A transfer advisor will review the coursework and the student's eligibility for the program. They will also discuss admission procedures to the University. Following that discussion, the student will be referred to the OT Program Director of Undergraduate Education to review coursework and eligibility further.
- External applicants submit official transcripts either electronically or via traditional mail to the following address:
 - Saint Louis University, Office of Admission, DuBourg Hall, room 119
One North Grand Boulevard, St. Louis, MO 63103
- Transferology (<https://www.slu.edu/admission/transfer/credits/>) is a helpful resource to determine how coursework from other colleges/universities may transfer toward the Program.

Post-Baccalaureate

The program reserves a limited number of spots for qualified students with a bachelor's degree, with entry beginning in mid-May.

Post-baccalaureate applicants to the OT program are required to have completed eight prerequisite courses (listed below), earning a minimum cumulative 3.20 GPA:

- Biology with lab (4 credits)
- Chemistry with lab (4 credits)
- Basic anatomy (3 credits)
- Physiology (3 credits)
- Lifespan human development (3 credits)
- Abnormal psychology (3 credits)
- Research methods (3 credits)
- Medical terminology (1-3 credits)
 - Completion of the eight prerequisite courses with a minimum of 3.20 GPA
- A minimum of 20 hours of volunteering or observation experience with occupational therapists (OT) or occupational therapy assistants (OTA)

- Personal statement
- Two letters of reference

All eight prerequisite courses must have been completed within the last five years. The 5-year timeline may be waived for applicants with recent medical/healthcare work experience. Please contact the program for more information. Grades below a C will not be accepted. It is recommended that science courses be taken at a four-year university, but community college coursework will be accepted. Science courses taken online will not be accepted. Occupational therapy coursework taken elsewhere will not be accepted. Admitted students must be physically present on campus for the summer start term (the exact date varies each year; students will be informed as soon as the start date is known).

Applicants fulfilling any prerequisite courses in the spring term before the program begins may be conditionally accepted into the program on the agreement that they will complete those prerequisites with a grade of C or higher before the start of the program.

Applications must be completed and transcripts submitted through the Centralized Application Service for Occupational Therapy system (<https://otcas.liaisoncas.com/applicant-ux/#/login>) or through the SLU Grad Gateway (<https://gradapply.slu.edu/apply/>) by the application deadline of January 22.

International Applicants

All admission policies and requirements for domestic students apply to international students, along with the following:

- You must demonstrate **English Language proficiency** (https://www.slu.edu/admission/international/english-proficiency.php?utm_source=google&utm_medium=&utm_campaign=%5b*Campaign*%5d&utm_content=%5b*Adgroup*%5d&utm_term=%5b*searchterm*%5d&gad_source=1&gclid=CjwKCAiArfauBhApEiwAeoB7qLuey1S5yq18nbv7NfR255cpWlXv).
- Proof of financial support must include:
 - A letter of financial support from the person(s) or sponsoring agency funding your time at Saint Louis University.
 - A letter from the sponsor's bank verifying that the funds are available and will be so for the duration of your study at the University.
- Academic records, in English translation, of students who have undertaken postsecondary studies outside the United States must include the courses taken and/or lectures attended, practical laboratory work, the maximum and minimum grades attainable, the grades earned or the results of all end-of-term examinations, and any honors or degrees received. WES and ECE transcripts are accepted.

Tuition

Tuition	Cost Per Semester
Master of Occupational Therapy	\$23,610

Additional charges may apply. Other resources are listed below:

Net Price Calculator (<https://www.slu.edu/financial-aid/tuition-and-costs/calculator.php>)

Information on Tuition and Fees (<https://catalog.slu.edu/academic-policies/student-financial-services/tuition/>)

Miscellaneous Fees (<https://catalog.slu.edu/academic-policies/student-financial-services/fees/>)

Information on Summer Tuition (<https://catalog.slu.edu/academic-policies/student-financial-services/tuition-summer/>)

Accreditation

This program is accredited by the Accreditation Council for Occupational Therapy Education, (ACOTE), an Associated Advisory Council of the Executive Board of the American Occupational Therapy Association, (AOTA).

American Occupational Therapy Association, (AOTA)
 7501 Wisconsin Avenue
 Suite 510E
 Bethesda, MD 20814
 301-652-6611
<https://acoteonline.org> (<https://acoteonline.org/>)

For more information about SLU's occupational therapy program outcomes, matriculation rate, graduation rate, certification exam pass rate and employment rate, please see the program outcomes document (<https://www.slu.edu/doisy/degrees/program-pdfs/ot-accreditation-0119.pdf>).

View Program Outcomes (PDF) (<https://www.slu.edu/doisy/degrees/program-pdfs/ot-accreditation-0119.pdf>)

The total number of graduates from the Saint Louis University Master of Occupational Therapy (M.O.T.) program during the three-year period of 2021-2023 was 159, with an overall graduation rate of 96.5%.

Graduates of the program will be eligible to sit for the national certification examination for the occupational therapist, administered by the National Board for Certification in Occupational Therapy (NBCOT). After successfully passing the exam, students will receive the designation of OTR or occupational therapist, registered. In addition, most states require licensure to practice; however, state licenses are usually based on the results of the NBCOT certification examination. A felony conviction may affect a graduate's ability to sit for the NBCOT certification examination or attain state licensure.

Learning Outcomes

1. Apply theories that underlie the practice of occupational therapy.
2. Demonstrate skills in assessment and intervention practice in the implementation of occupational therapy with clients across the lifespan.
3. Demonstrate skills in research designs.
4. Effectively interact through written communication in a professionally acceptable manner.
5. Students will construct a professional sense of self as an occupational therapist.

Requirements

Occupational Science, B.S. requirements (<https://catalog.slu.edu/colleges-schools/health-sciences/occupational-science-therapy/occupational-science-bs/>)

Code	Title	Credits
Required Courses		
MOT 5030	Application of Occupational Therapy Practice	3

MOT 5040	Application of Occupational Therapy Practice 2	3
MOT 5100	Functional Anatomy for Occupational Therapy	3
MOT 5150	Kinesiology	3
MOT 5170	Neuroscience in Occupational Therapy	3
MOT 5200	Health Conditions and Occupational Implications	3
MOT 5250	Administration & Leadership in Occupational Therapy	3
MOT 5300	Foundations of Occupational Therapy Practice	3
MOT 5350	Theoretical Perspectives of Occupational Therapy	3
MOT 5370	Occupational Therapy Assessments Throughout the Lifespan	3
MOT 5400	Occupational Therapy Practice with Adults 1	3
MOT 5410	Occupational Therapy Practice in Mental Health	3
MOT 5450	Occupational Therapy Practice with Children and Youth 1	3
MOT 5550	Occupational Therapy Practice with Adults 2	3
MOT 5560	Occupational Therapy Practice in the Community	3
MOT 5570	Specialty Occupational Therapy Practice	2
MOT 5580	Emerging and Focused Practice in Occupational Therapy	3
MOT 5600	Occupational Therapy Practice with Children and Youth 2	3
MOT 5610	Quantitative Research Methods in Occupational Therapy	2
MOT 5611	Occupational Therapy Graduate Research Project 1*	1
MOT 5620	Qualitative Research Methods in Occupational Therapy	2
MOT 5621	Occupational Therapy Graduate Research Project 2*	1
MOT 5631	Occupational Therapy Graduate Research Project 3*	1
MOT 5641	Occupational Therapy Graduate Research Project 4*	1
MOT 5700	Advanced Field Work I	6
MOT 5750	Advanced Fieldwork II	6
Total Credits		69-73

* Optional Graduate Research Project

Non-Course Requirements

Upon completing all requirements, students receive the Master's in Occupational Therapy (M.O.T.) degree and are eligible to sit for the national certification examination administered by the National Board for Certification in Occupational Therapy (NBCOT). In addition to passing the national exam, most states require licensure in order to practice.

Note: All Level II Fieldwork must be completed within 18 months following the completion of academic preparation.

Graduate/Professional Continuation Standards

Students must maintain a cumulative GPA of 3.00 in all graduate/professional courses. All students must earn a grade of "C" or higher in all required program curriculum courses.

Roadmap

Roadmaps are recommended semester-by-semester plans of study for programs and assume full-time enrollment unless otherwise noted.

Courses and milestones designated as critical (marked with !) must be completed in the semester listed to ensure a timely graduation. Transfer credit may change the roadmap.

This roadmap should not be used in the place of regular academic advising appointments. All students are encouraged to meet with their advisor/mentor each semester. Requirements, course availability and sequencing are subject to change.

Course	Title	Credits
Year One		
Summer		
MOT 5100	Functional Anatomy for Occupational Therapy	3
MOT 5150	Kinesiology	3
		Credits
		6
Fall		
MOT 5170	Neuroscience in Occupational Therapy	3
MOT 5200	Health Conditions and Occupational Implications	3
MOT 5300	Foundations of Occupational Therapy Practice	3
MOT 5350	Theoretical Perspectives of Occupational Therapy	3
MOT 5370	Occupational Therapy Assessments Throughout the Lifespan	3
MOT 5610	Quantitative Research Methods in Occupational Therapy	2
MOT 5611	Occupational Therapy Graduate Research Project 1 (Optional)	1
		Credits
		17-18
Spring		
MOT 5030	Application of Occupational Therapy Practice	3
MOT 5250	Administration & Leadership in Occupational Therapy	2
MOT 5400	Occupational Therapy Practice with Adults 1	3
MOT 5410	Occupational Therapy Practice in Mental Health	3
MOT 5450	Occupational Therapy Practice with Children and Youth 1	3
MOT 5620	Qualitative Research Methods in Occupational Therapy	2

MOT 5621	Occupational Therapy Graduate Research Project 2 (Optional)	1
Credits		16-17
Year Two		
Fall		
MOT 5040	Application of Occupational Therapy Practice 2	1
MOT 5550	Occupational Therapy Practice with Adults 2	3
MOT 5560	Occupational Therapy Practice in the Community	3
MOT 5570	Specialty Occupational Therapy Practice	2
MOT 5580	Emerging and Focused Practice in Occupational Therapy	3
MOT 5600	Occupational Therapy Practice with Children and Youth 2	4
MOT 5631	Occupational Therapy Graduate Research Project 3 (Optional)	1
Credits		16-17
Spring		
MOT 5700	Advanced Fieldwork I	6
MOT 5750	Advanced Fieldwork II	3
MOT 5641	Occupational Therapy Graduate Research Project 4 (Optional)	1
Credits		9-10
Total Credits		64-68

Program Notes

MOT 5750 is a six (6) credit course, which technically falls into both the spring and summer semesters. Per the U.S. Department of Education, students must take courses in the same semester in which they are registered and not outside the boundaries of that semester. Therefore, second-level II fieldwork is split to hold three (3) credits in the spring and another three (3) credits in the summer. Please note the level II fieldwork dates are as follows:

- MOT 5700 (IIA rotation) starts Jan. 6 and ends March 29, 2025 and is 6 credits
- MOT 5750 (IIB rotation) starts April 7 and ends June 27, 2025 and totals 6 credits

Contact Us

Apply for Admission (<https://www.slu.edu/admission/>)

Contact Doisy College of Health Sciences

Recruitment specialist
314-977-2570
dchs@health.slu.edu