

# COUPLE AND FAMILY THERAPY, M.A.

The Master of Arts in Couple and Family Therapy at Saint Louis University is based on a systemic/relational view of individuals, couples and families. It fulfills the course and practicum requirements toward licensure in Missouri as a licensed marital and family therapist. A concentration in medical family therapy is also available.

## Curriculum Overview

SLU's master's program in couple and family therapy requires a minimum of 60 credits beyond a bachelor's degree. Prerequisites include 18 credits in the behavioral sciences. Program requirements include didactic courses, two semesters of practicum, three semesters of internship in a community setting and a minimum of 500 hours of direct clinical contact.

This program prepares students to function as part of an integrated care team in addressing the biopsychosocial needs of individuals and families.

## Fieldwork and Research Opportunities

Graduate students perform research projects by working with a faculty mentor whose research interests match their own. Doctoral students are expected to publish and present a minimum of two research projects.

## Careers

Possible careers in couple and family therapy include:

- Academic positions
- Research positions
- Clinical positions in medical and mental health centers
- Private practice and consulting

## Admission Requirements

A minimum of 18 credits of undergraduate coursework in the social sciences is required for admission.

### Application Requirements

- Online application and fee
- Transcript(s)
- Three letters of recommendation
- GRE scores (waived for 2021)
- Résumé
- Interview
- Professional goal statement

### Requirements for International Students

All Saint Louis University admission policies and requirements for domestic students apply to international students. International students applying to SLU must also meet the following additional requirements:

- Demonstrate English language proficiency (<https://catalog.slu.edu/academic-policies/office-admission/undergraduate/english-language-proficiency/>)
- Academic records must include an English translation. Unofficial copies may be accepted in some cases for initial admission review,

however official copies must be received prior to enrollment. Course-by-course transcript evaluations are accepted.

Students must submit financial documents to be issued an I-20 for their F-1 visa application. Proof of financial support must include:

- A letter of financial support from the person(s) or sponsoring agency funding the student's time at Saint Louis University
- A letter from the sponsor's bank verifying that the funds are available and will be so for the duration of the student's study at the University

## Application Deadline

Applications will be accepted through June 30. Applicants asked for an interview will meet with faculty and current students over Zoom. Please refer to the application checklist to ensure that you have completed the necessary documents. We have waived the GRE as a requirement for this year's application process.

## Tuition

Tuition	Cost Per Credit
Graduate Tuition	\$1,400

Additional charges may apply. Other resources are listed below:

Net Price Calculator (<https://www.slu.edu/financial-aid/tuition-and-costs/calculator.php>)

Information on Tuition and Fees (<https://catalog.slu.edu/academic-policies/student-financial-services/tuition/>)

Miscellaneous Fees (<https://catalog.slu.edu/academic-policies/student-financial-services/fees/>)

Information on Summer Tuition (<https://catalog.slu.edu/academic-policies/student-financial-services/tuition-summer/>)

## Scholarships and Financial Aid

For priority consideration for graduate assistantship, apply by Feb. 1.

For more information, visit the Office of Student Financial Services (<https://www.slu.edu/financial-aid/>).

## Accreditation

Both the M.A. and Ph.D. in medical family therapy at Saint Louis University are accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) of the American Association for Marriage and Family Therapy (AAMFT), 112 S. Alfred Street, Alexandria, VA 22314, 703.838.9808.

## Learning Outcomes

- Graduates will be able to compare and contrast the major theoretical orientations related to the field of marriage and family therapy.
- Graduates will attain competency in entry-level marriage and family therapy skills. Sub-objectives:
  - Admission, assessment and diagnosis
  - Treatment planning and case management
  - Therapeutic interventions
  - Legal issues, ethics and standards
  - Use of supervision and practicum
  - Social justice issues and self-awareness

- Graduates will be able to understand and use research in clinical practice.
- Graduates will be able to contribute to competent clinical services and the profession through professional and scholarly modes of communication.
- Graduates will attain an increased cultural competence in working with diverse populations.
- Graduates will be able to demonstrate personal and professional skills that promote social justice through involvement and leadership in their communities.
- Graduates will be able to effectively communicate their values and demonstrate how they guide their personal and professional lives.

## Requirements

Code	Title	Credits
MFT 5210	Introduction to Family Therapy	3
MFT 5320	Group Counseling Theory and Practice	3
MFT 5380	Theory and Intervention in Human Sexuality	3
MFT 5410	Practicum in Family Therapy (taken over multiple semesters, 6hrs total)	6
MFT 5600	Family Research Methods	3
MFT 5610		3
MFT 5700	Human Growth and Development	3
MFT 5770	Found Multicultural Counseling	3
MFT 5915	Internship in Family Therapy (taken over multiple semesters, 7hrs total)	0-4
MFT 5960	Master's Project	3
MFT 6530	Ethical & Legal Issues in Family Therapy	3
MFT 6550	Diagnosis and Assessment in Family Therapy	3
MFT 6560	Theoretical Foundations of Couple and Family Therapy	3
MFT 6660	Intro Family Studies	3
MFT 6700	Medical Family Therapy Externship	1
MFT 6710	Integrative and Evidence Based Models of Couple and Family Therapy	3
MFT 6730	Research Practicum	1
MFT 6760	Families, Health, and Illness	3
MFT 6790	Self of the Therapist: A Sociocultural Perspective	3
<b>Total Credits</b>		<b>60</b>

## Continuation Standards

Students must maintain a cumulative grade point average (GPA) of 3.00 in all graduate/professional courses.

## Non-Course Requirements

1. Special Project: All students must present their special project and pass this requirement in order to graduate from the program. This requirement takes place in the last semester of the student's course of study.
2. Clinical Hours: All M.A. students are required to complete 500 direct client contact hours in the program, 100 of which must be relational hours, and 50 of which must be telehealth hours (seeing clients virtually).

## Roadmap

Roadmaps are recommended semester-by-semester plans of study for programs and assume full-time enrollment unless otherwise noted.

Courses and milestones designated as critical (marked with !) must be completed in the semester listed to ensure a timely graduation. Transfer credit may change the roadmap.

This roadmap should not be used in the place of regular academic advising appointments. All students are encouraged to meet with their advisor/mentor each semester. Requirements, course availability and sequencing are subject to change.

Course	Title	Credits
<b>Year One</b>		
<b>Summer</b>		
MFT 5320	Group Counseling Theory and Practice	3
MFT 5380	Theory and Intervention in Human Sexuality	3
MFT 5410	Practicum in Family Therapy	3
MFT 6700	Medical Family Therapy Externship	1
<b>Credits</b>		<b>10</b>
<b>Fall</b>		
MFT 5210	Introduction to Family Therapy	3
MFT 6530	Ethical & Legal Issues in Family Therapy	3
MFT 6660	Intro Family Studies	3
MFT 5770	Found Multicultural Counseling	3
<b>Credits</b>		<b>12</b>
<b>Spring</b>		
MFT 5410	Practicum in Family Therapy	3
MFT 6550	Diagnosis and Assessment in Family Therapy	3
MFT 6560	Theoretical Foundations of Couple and Family Therapy	3
MFT 5700	Human Growth and Development	3
<b>Credits</b>		<b>12</b>
<b>Year Two</b>		
<b>Fall</b>		
MFT 5915	Internship in Family Therapy	3
MFT 6730	Research Practicum	1
MFT 5600	Family Research Methods	3
MFT 6760	Families, Health, and Illness	3
MFT 6790	Self of the Therapist: A Sociocultural Perspective	3
<b>Credits</b>		<b>13</b>
<b>Spring</b>		
MFT 5915	Internship in Family Therapy	4
MFT 5610		3
MFT 6710	Integrative and Evidence Based Models of Couple and Family Therapy	3
MFT 5960	Master's Project	3
<b>Credits</b>		<b>13</b>
<b>Total Credits</b>		<b>60</b>