GERONTOLOGY, POST-BACCALAUREATE CERTIFICATE

Students pursuing the gerontology post-baccalaureate certificate at Saint Louis University will learn to work as part of an interdisciplinary or care coordination team. With the passage of the Affordable Care Act, these teams have been identified as important to improving health outcomes, preventing hospitalizations and reducing the cost of care for older adults. Upon graduation, students will be able to:

- Employ knowledge of older persons’ strengths and adaptations to maximize well-being, health and mental health.
- Engage through effective communication with older persons, their families and the community, in personal and public issues in aging.
- Identify comprehensive and meaningful concepts, definitions and measures for the well-being of older adults and their families.
- Relate psychological theories and science to understanding adaptation, stability and change in aging.
- Use gerontological frameworks to examine human development and aging.

Curriculum Overview

The certificate curriculum is guided by the Association for Gerontology in Higher Education’s (AGHE) Competencies for Undergraduate and Graduate Education. Students will be required to complete a course within each of the three competency areas, with a fourth course chosen from any of the three areas:

- Foundational (AGHE) Competencies: Frameworks for understanding human aging; biological, social, and psychological aspects of aging; humanities and aging; research and critical thinking
- Interactional Competencies: Attitudes and perspectives, ethics and professional standards, communication with and on behalf of older persons, interdisciplinary and community collaboration
- Contextual Competencies: Well-being, health and mental health; social health; and policy

Careers

Older adults will comprise 27 percent of the U.S. population by 2050, according to projections by the U.S. Census Bureau. As the population of older adults increases, so does their projected rates of poverty, potential for being childless or single, and chronic illnesses.

Employment of gerontology related health care workers is projected to grow faster than the average across all occupations. For example, the U.S. Bureau of Labor Statistics highlights:

- Dietitians and nutritionists: Will be in demand at nursing homes and to help baby-boomers find more ways to stay healthy.
- Health care social workers: Will help aging populations and their families adjust to new treatments, medications and lifestyles.
- Nurse practitioners: Will be at the forefront of caring for older adults who typically have more medical problems than younger people.

- Occupational therapists: Will help senior citizens maintain their independence and will be needed in health care settings to assist with patients with chronic conditions.
- Physical therapists: Will care for adults who are remaining more active later in life.
- Psychologists: Will help people deal with the mental and physical changes that happen as they grow older.
- Speech-language pathologists: Will be able to help with language impairments caused by heart attacks, strokes and mobility-related injuries.


Admission Requirements

Applicants should possess a bachelor’s degree from an accredited college or university.

Application Criteria

- Application form and fee ($25)
- Transcript(s)

Requirements for International Students

TOEFL of 92 or higher or PTE Academic score

All admission policies and requirements for domestic students apply to international students along with the following:

- Demonstrate English Language Proficiency
- Proof of financial support must include:
  - A letter of financial support from the person(s) or sponsoring agency funding the time at Saint Louis University
  - A letter from the sponsor’s bank verifying that the funds are available and will be so for the duration of study at the University
- Academic records, in English translation, of students who have undertaken postsecondary studies outside the United States must include the courses taken and/or lectures attended, practical laboratory work, the maximum and minimum grades attainable, the grades earned or the results of all end-of-term examinations, and any honors or degrees received. WES and ECE transcripts are accepted.

Application Deadline

All applicants who apply by the priority deadline of March 1 for fall and Oct. 1 for spring are reviewed for merit-based scholarships. Applications will continue to be accepted and reviewed for admissions until Aug. 1 for fall and Dec. 1 for spring. To be considered for a graduate assistantship, students must fill out the GA application found under "Scholarships and Financial Aid" by March 1.

Review Process

The admissions coordinator considers several factors to determine eligibility: academic achievement, strength of the undergraduate program, application information, personal statement, work experience, any graduate degrees earned, motivation, leadership and service. The undergraduate GPA is weighted with other criteria in the admissions process.

Scholarships and Financial Aid

The College for Public Health and Social Justice offers several ways to help finance graduate education. Opportunities include a limited number
of merit-based scholarships and graduate research assistantships. Awards are made to applicants with the highest combinations of GPAs and test scores who complete their applications by the priority deadlines.

For more information, visit the student financial services office online at http://finaid.slu.edu (http://finaid.slu.edu/).

**Learning Outcomes**

1. Graduates will be able to utilize gerontological frameworks to examine human development and aging.
2. Graduates will be able to relate psychological theories and science to understanding adaptation, stability and change in aging.
3. Graduates will be able to identify comprehensive and meaningful concepts, definitions and measures for well-being of older adults and their families.
4. Graduates will be able to engage, through effective communication with older persons, their families and the community, in personal and public issues in aging.
5. Graduates will be able to employ knowledge of older persons’ strengths and adaptations to maximize well-being, health and mental health.

**Requirements**

Students must take courses from two or more departments for completion of the certificate.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>SWRK 5745</td>
<td>Health &amp; Mental Health Interventions with Older Adults</td>
<td>3</td>
</tr>
<tr>
<td>NURS 5750</td>
<td>Care of Older Adults an Interdisciplinary Approach</td>
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</tbody>
</table>

**Foundational (AGHE) Course**

Select one of the following:

- SWRK 5745 Health & Mental Health Interventions with Older Adults
- NURS 5750 Care of Older Adults an Interdisciplinary Approach

**Interactional Course**

Select one of the following:

- NURS 5750 Care of Older Adults an Interdisciplinary Approach
- LAW 8005 Bioethics and the Law (PL)
- LAW 8040 Elder Law
- SWRK 5714 Interprofessional Perspectives in Geriatric Care
- SWRK 5786 Death, Dying, & Grief: Professional Practice & Self-Awareness

**Contextual Course**

Select one of the following:

- HMP 5000 Health Care Organization
- HMP 5300 Management of Health Care Organizations
- LAW 8005 Bioethics and the Law (PL)
- LAW 8035 Disability Law (PL)
- SWRK 5745 Health & Mental Health Interventions with Older Adults
- SWRK 5758 Clinical Approaches to Chronic Health Conditions
- SWRK 5786 Death, Dying, & Grief: Professional Practice & Self-Awareness

**Elective Course**

Select one additional course from any category above.

**Practicum**

Discipline specific field practicum focusing on working with older adults

\[
\begin{align*}
\text{SWRK 5832 } & \quad \text{Community & Organization Practicum I } & 3 \\
\text{or SWRK 5833 } & \quad \text{Community & Organization Practicum II } & 3 \\
\text{or SWRK 5841 } & \quad \text{Master of Social Work Foundation Practicum } & 3 \\
\text{or SWRK 5842 } & \quad \text{Clinical Practicum I } & 3 \\
\text{or SWRK 5843 } & \quad \text{Clinical Practicum II } & 3
\end{align*}
\]

**Total Credits** 18

**Non-Course Requirements**

- The Geriatric Education Center Summer Institute, a two-day opportunity to attend in-depth workshops, learn about the current practice of geriatric care in the community setting and attend plenary presentations about current research in assessment and intervention strategies.
- Students will compile a portfolio consisting of one gerontology-focused assignment from each course taken towards completion of the certificate. These portfolios will be assessed by the acting advisor and the certificate coordinator (if coordinator is also the advisor, a second reviewer will be chosen), using a standard rubric developed and reviewed by participating faculty across departments. This will be utilized to assess student learning outcomes within each competency area and whether the provided coursework achieved them.

**Continuation Standards**

Students must maintain a cumulative grade point average (GPA) of 3.00 in all graduate/professional courses.

**Roadmap**

Roadmaps are recommended semester-by-semester plans of study for programs and assume full-time enrollment unless otherwise noted.

Courses and milestones designated as critical (marked with !) must be completed in the semester listed to ensure a timely graduation. Transfer credit may change the roadmap.

This roadmap should not be used in the place of regular academic advising appointments. All students are encouraged to meet with their advisor/mentor each semester. Requirements, course availability and sequencing are subject to change.

<table>
<thead>
<tr>
<th>Course</th>
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<tbody>
<tr>
<td><strong>Year One</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Fall</strong></td>
<td></td>
<td></td>
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</tbody>
</table>
| Foundational Course \(^1,^2\) & 3
| Interactional Course \(^1,^2\) & 3

| **Credits** | 6 |
| **Spring** |               |
| Contextual Course \(^1,^2\) & 3 |
| Discipline-Specific Practicum \(^1,^2\) & 3 |

| **Credits** | 6 |
| **Summer** |               |
| Participation in SLU GEC Summer Institute |

| Elective \(^1,^2\) & 3 |
| **Credits** | 3 |
Year Two

Fall
Foundational, Interactional, Contextual or Elective course (if needed) 3

Credits  3

Spring
Foundational, Interactional, Contextual or Elective course (if needed) 3

Credits  3

Year Three

Fall
Foundational, Interactional, Contextual or Elective course (if needed) 3

Credits  3

Total Credits 24

1 Courses can be taken in any order
2 See information in Program Notes.

Program Notes

Approved Foundational Courses

<table>
<thead>
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<tr>
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</tr>
<tr>
<td>NURS 5750</td>
<td>Care of Older Adults an Interdisciplinary Approach</td>
<td>2-3</td>
</tr>
<tr>
<td>HCE 4240</td>
<td>Ethics and Geriatric Care</td>
<td>3</td>
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Approved Interactional Courses

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<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>HCE 4240</td>
<td>Ethics and Geriatric Care</td>
<td>3</td>
</tr>
<tr>
<td>NURS 5750</td>
<td>Care of Older Adults an Interdisciplinary Approach</td>
<td>2-3</td>
</tr>
<tr>
<td>LAW 8005</td>
<td>Bioethics and the Law (PL) (Spring)</td>
<td>2-3</td>
</tr>
<tr>
<td>SWRK 5786</td>
<td>Death, Dying, &amp; Grief: Professional Practice &amp; Self-Awareness (Spring)</td>
<td>3</td>
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</table>

Approved Contextual Courses

<table>
<thead>
<tr>
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<th>Title</th>
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<tbody>
<tr>
<td>DIET 5220</td>
<td>Gerontological Nutrition</td>
<td>3</td>
</tr>
<tr>
<td>HMP 5000</td>
<td>Health Care Organization (Fall)</td>
<td>3</td>
</tr>
<tr>
<td>HMP 5300</td>
<td>Management of Health Care Organizations (Fall)</td>
<td>3</td>
</tr>
<tr>
<td>LAW 8005</td>
<td>Bioethics and the Law (PL) (Spring)</td>
<td>2-3</td>
</tr>
<tr>
<td>LAW 8035</td>
<td>Disability Law (PL) (Fall)</td>
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<td>Clinical Approaches to Chronic Health Conditions (Spring)</td>
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Approved Elective Courses

All courses listed above in Foundational, Interactional and Contextual courses can be approved elective courses. Also, per existing inter-university agreements with University of Missouri-Saint Louis and Washington University, students may seek to take a gerontology-related class that will transfer in. Visit the UMSL and Washington University websites for current offerings.

Discipline-Specific Practicum Course

Students will work with the gerontology coordinator and a discipline-specific advisor to identify the appropriate discipline-specific practicum course (three credits). This includes a research practicum as appropriate. For students actively working with gerontology populations in the community, this practicum may be waived per experiences, based upon approval of the gerontology certificate coordinator and certificate committee.

Contact Us

For additional admission questions please contact:
Kristi Richter, M.S.W., L.C.S.W.
Director of Recruitment and Admissions School of Social Work
socialwork@slu.edu

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