PSYCHOLOGY-PS (PSYK)

PSYK 1010 - General Psychology
Credit(s): 3 Credits
Provides a basic and general knowledge of the theoretical, scientific, and conceptual foundations of psychology, including biological, cognitive, emotional development, cultural and social aspects. Includes key concepts and principles, methods for collecting and evaluating evidence, and application of psychological knowledge.
Prerequisite(s): None
Restrictions: None
Attributes: None

PSYK 3330 - Applied Personality
Credit(s): 3 Credits
This course presents contemporary personality psychology organized around six domains of knowledge: Dispositional, Biological, Intrapsychic, Cognitive/Emotional, Self-Representational, and Social. The integration of the domains addresses the fundamental personality questions of what makes each of us human, often like some but different from others, and yet still individually unique. Workplace topics, such as job performance, leadership personnel selection and work motivation, will be studied from a personality perspective. The class will be interactive with each student developing an integrated personality model and applying the model to topics of personal and professional interest.
Prerequisite(s): (CIS 2875 or CIS 2850); PSYK 1010
Restrictions: None
Attributes: None

PSYK 4250 - Motivation & Self-Management
Credit(s): 3 Credits
This course provides an overview of motivation and self-management as it specifically relates to employees in the workplace. Some of the topics to be addressed include: basic theories of employee motivation, rewards and punishments, motivational triggers, emotional intelligence, time management. The course will also emphasize specific strategies, tools, and techniques to assist students in evaluating and improving the way in which they interface with their work environments.
Prerequisite(s): (PSYK 1010 or PSYK 2010)
Restrictions: None
Attributes: None

PSYK 4390 - Abnormal Psychology
Credit(s): 3 Credits
An examination of abnormal human behavior. Students will gain a deeper understanding of the major models used to define and evaluate abnormal behavior and some of the key disorders, their correlates, implications, and treatment requirements. An emphasis will be placed on the following disorders: anxiety, mood, somatoform, dissociative, schizophrenia and other psychotic disorders, personality, eating and sleep, substance-related, impulse-control, and developmental.
Prerequisite(s): (CIS 2875 or CIS 2850); PSYK 1010
Restrictions: None
Attributes: None

PSYK 4450 - Personal & Career Advancement
Credit(s): 3 Credits
This course focuses on the career development process taking a broad, view of career, as a means to growth and job promotion, self-discovery, and an evolving series of role-related experiences across the lifespan. Students will learn about definitions of career, models for career development and the interplay of individual factors such as personality, aptitude and abilities upon career choice. In addition, students will study the impact of early experiences and other environmental factors upon career choice and how individual, social, chance, and environmental factors shape career decisions and choices. Explanations of the origin of individual aptitudes and abilities and the practice of aptitude and ability testing and how to use those techniques in selecting and placing employees will be discussed. Emphasis will be placed on skill development in career choice and decision making, career counseling, and identifying best-fit options.
Prerequisite(s): (CIS 2875 or CIS 2850); PSYK 1010
Restrictions: None
Attributes: None
PSYK 4760 - Training & Development
Credit(s): 3 Credits
This course focuses on the application of psychological principles to the effective design, delivery, and evaluation of training in professional settings. It introduces a comprehensive approach to training and development including topics like: training needs assessment; learning theory, styles, and environment; training techniques and media; and evaluation design and training effectiveness. The course is interactive consisting of case analysis, experiential exercises and workplace applications. Upon completion of the course, students will be able to apply the training model to the research, design and critique of strategic training programs.
Prerequisite(s): (CIS 2875 or CIS 2850); PSYK 1010
Restrictions:
Enrollment limited to students in the Schl for Professional Studies college.

Attributes: Prof. Studies Students Only

PSYK 4770 - Occupational Health & Stress
Credit(s): 3 Credits
This course focuses on issues involved in the development and maintenance of a healthy workforce, with an emphasis on physical, mental, and emotional health. Some of the topics to be addressed include: occupational stress and stress management, the Occupational Safety & Health Administration (OSHA) and its role in workplace health, the interplay between employee well-being and organizational effectiveness, and the use of Employee Assistance Programs in organizations. The course will also provide students with specific tools, strategies, and techniques for managing stress and evaluating the health of their organization.
Prerequisite(s): (CIS 2875 or CIS 2850); PSYK 1010
Restrictions:
Enrollment limited to students in the Schl for Professional Studies college.

Attributes: Prof. Studies Students Only

PSYK 4930 - Special Topics
Credit(s): 3 Credits (Repeatable for credit)

PSYK 4980 - Independent Study
Credit(s): 1 or 3 Credits (Repeatable for credit)