

SERVICE & ADVOCACY LEARNING CM (SALC)

SALC 0104 - Vulnerable Populations

Credit(s): 3-6 Credits

SALC 0117 - Corrections Medicine at Juvenile Detention

Credit(s): 3-6 Credits (Repeatable for credit)

SALC 0131 - Casa de Salud Latino Patient Advocacy

Credit(s): 3 Credits (Repeatable for credit)

SALC 0133 - Project LEAN (Live, Exercise, Attitude, Nutrition)

Credit(s): 3 Credits (Repeatable for credit)

9-week interactive wellness program targeted toward empowering the women residing at the transitional housing program at the YWCA on West Pine (SLU Undergraduate Campus). Our mission is to not only deliver information in a fun and interesting manner, but more importantly to provide tools that the women can apply to their lives now and hopefully after they leave the facility. Our focus includes the following topics: Nutrition Stress Management Physical Fitness .

SALC 0135 - Empowering Youth Today

Credit(s): 3 Credits

Empowering Youth Today is an after school program to encourage healthy eating and exercise in elementary, middle, and high school aged children. Participants will act as mentors with a student and have an opportunity to teach lessons on various nutrition and exercise topics. Participants will work with the students on a journal to set exercise and nutrition goals for the week and participate in interactive games, exercises, and discussions. They will also have the opportunity to demonstrate how to use various medical equipment to interested students. Materials and lesson plans will be provided.

SALC 0136 - HIV in Medicine

Credit(s): 3-6 Credits (Repeatable for credit)

This elective is designed to introduce students to the care of HIV-infected individuals and counseling and testing of those at-risk for HIV. Care of the HIV-infected patient encompasses not only the medical aspects of care, but also comprehensive support services. The elective will involve a training led by the Department of Health for pre- and post-test HIV counseling and testing, and rotation through several clinics including the Health Resource Center (HRC) and the SLU New Hope Clinic (infectious diseases clinic). There will also be additional opportunities to become more involved in the Health Resource Center and New Hope Clinic if the student chooses.

SALC 0138 - Labor of Love: Vulnerable Women & Maternity

Credit(s): 3-6 Credits (Repeatable for credit)

From a trauma informed perspective, this elective is designed to: Introduce students to the unique challenges faced by pregnant women who are victims of domestic violence and/or sexual abuse Impart the skills and knowledge needed in order to best support and advocate for them during and after their pregnancy and labor Students will receive domestic violence training and doula training (a doula is someone who provides physical emotional, and informational support to the mother before, during, and just after birth) Once doula training is complete, there will opportunities to support pregnant women from local domestic violence shelters during their birth (ie, serving as their doula) Students will also work with members of the Labor of Love Interest Group by giving health education presentations on women's health and pregnancy-related topics to women in domestic violence shelters .

SALC 0140 - Music Therapy

Credit(s): 2-12 Credits (Repeatable for credit)

The Music Therapy Elective is designed to allow students to gain greater knowledge regarding the field of music therapy and how music therapy techniques are incorporated into the patient's treatment process in the oncology setting. During the elective, students will have the opportunity to: shadow music therapists at the Saint Louis University Cancer Center and SSM Health Saint Louis University Hospital. Students will also have the opportunity to observe performances by St. Louis Symphony musicians in the Infusion Center at the Saint Louis University Cancer Center and/or the SSM Health Center for Blood and Marrow Outpatient Transplant.

SALC 0141 - Mobile Health Initiative

Credit(s): 2-12 Credits (Repeatable for credit)

Mobile Health Initiative's mission is to provide and coordinate health services for low mobility under-served populations. Lack of transportation is a major barrier to healthcare. This course will give students an opportunity to be deeply involved in this community run organization founded by medical students.

SALC 0143 - ER Ambassador Program at Saint Louis University Hospital

Credit(s): 2-12 Credits (Repeatable for credit)

ER ambassadors act as advocates and guides for patients and their families as they navigate the emergency room. For the vast majority of patients, this is a unique and frightening experience for them, and it is very comforting to have someone present to address their questions and concerns. Additionally, ambassadors can work as an intermediary to assist in communications between staff members, patients, and their families.

SALC 0144 - ER Ambassador Leadership at Saint Louis University Hospital

Credit(s): 2-12 Credits (Repeatable for credit)

The ER Ambassador program is designed to help patients and their families navigate the ER, and to minimize their stress and anxiety as much as possible. As Ambassador Leaders, you will be involved in the decision making and leadership for the SLU Hospital ER Ambassador program. It will provide students an opportunity to work with hospital administration, and provide a valued service to the hospital.

SALC 0146 - Pavement Paramedics

Credit(s): 3-6 Credits (Repeatable for credit)

SALC 0148 - Doctors for Diversity

Credit(s): 2-12 Credits (Repeatable for credit)

To partner with the efforts of local high schools in the Saint Louis area and community programs like AHEC to increase student interest in health careers and success in scientific disciplines.

SALC 0149 - Health Counseling at The Women's Safe House

Credit(s): 1-12 Credits (Repeatable for credit)

SALC 0150 - SLU STARs (Striving to Achieve Results)

Credit(s): 1-12 Credits (Repeatable for credit)

SALC 0151 - Scholastic Mind

Credit(s): 1-20 Credits (Repeatable for credit)